

Want to add some tools to your toolkit?
Train to become a
Rhythmic Movement Consultant

Working with primitive and postural reflexes

6 month programme

To help children and adults reach their developmental potential

Bradford

Starting
October
2023

SUITABLE FOR

INVESTMENT

IOTs, OTAs, PTs, PTAs, SLPs, parents, social workers, family and mental health therapists, developmental optometrists and VTs, yoga therapists, classroom teachers; special education teachers; nursery and preschool teachers, health care providers; massage therapists, trauma specialists and caregivers

*Discounted price for all 6 courses and 5 hours of group mentoring if paid in full by 31st Oct 2023:
£1650 then £1750 from 1st Nov 2023*
or by payment plan:
10 payments of £185 per month

*Pay per course— 2 day courses £360
3 day course £475 Mentoring £250



Level 1—Focus, Organisation & Comprehension

In this 2-day course participants learn the basics of the Rhythmic Movement Training: how rhythmic movements can be used to assist in regulating muscle tone; stimulating the connections between the cerebellum and the neocortex (especially the frontal lobes) in order to improve attention and control impulses. The course also examines the role of the primitive reflexes in development, and how to integrate them using the movements and isometric pressure. No prerequisites.

Level 2—Emotions, Memory & Behaviour

This 1-day course addresses how the Rhythmic Movement Training affects our emotions, how to work with movements to get in touch with our emotions and to stabilise them when they threaten to take control. It also examines how stress and daily life affects our body and how the rhythmic movements can help to relax and ease muscle tension. It is a necessary supplement for anyone who wishes to work with Rhythmic Movement training.

Prerequisite—Level 1



Level 3—Reading & Writing

This 2-day course deals with how our reading and writing ability is affected by various factors such as our vision, our ability to recognise the sounds of the language and our motor ability. We learn how to check for non integrated primitive reflexes and recognise other motor disabilities that are important in reading difficulties, and how to improve reading and writing ability by correcting imbalances with rhythmic movements and reflex integration activities. Prerequisites—Levels 1 & 2



Making Connections

The aim of this course is to investigate how movement, both before and after birth, is important for laying the foundations of neural development and organisation and how we can use activities that replicate these innate movements to assist in developing brain maturity. Learn how the rhythmic movements stimulate the connections between all areas of the brain in order to function efficiently, and to form the basis of becoming a competent and curious learner. No prerequisites.



School Readiness

This 2-day class focusses on using Rhythmic Movements with groups as well as looking at how to identify when primitive reflexes are not integrated. The class looks at using activities and games to introduce the movements to children, as well as developing your own activities and games.

No prerequisites

Face the Fear

In this class we examine the role the Fear Paralysis and the reflexes that are connected to the second stage of Moro relate to establishing a sense of stability and security, and how they are important for bonding and attachment, communication and language development.

Prerequisites– Levels 1 & 2



Suzanne Roberts will be teaching Level 1, 2 & Making Connections & Face the Fear



Suzanne Roberts BSc (Hons) Health Sciences, has over 30 years experience of exploring the relationship between movement and its effect on the brain. She taught movement to music for 12 years in which time her own cognitive processing improved. Suzanne is an Advanced Kinesiology Federation Registered Practitioner, a Brain Gym® Instructor and UK Faculty and also teaches Touch for Health. She is excited to share the RMTi way of working with neurodevelopmental issues. She will be joined in teaching Level 1 & 2 by Kate Rigby who teaches School Readiness and is training to become a Level 1 & 2 Instructor

Janice Graham will be joining Suzanne to teach Level 3 & School Readiness

Janice Graham, BSc (Hons) Sociology, PGCE, is a qualified teacher, having taught all ages and abilities during her teaching career and she is also experienced in working with a range of multi-agency partners to improve outcomes for children. She has been a qualified RMTi instructor since 2012 and, in addition, teaches Touch for Health, Educational Kinesiology and Movement Based Learning. Her passion is to help others be their best!



Participants can become an RMTi Consultant by attending the following courses and completing the licensing requirements of RMT International.

Making Connections	13th - 14th October
Level 1 & 2	10th - 13th November
Level 3	25th - 26th November
School Readiness	16th - 17th December
Face the Fear	20th - 21st January

N.B. if you cannot make all of these dates you can still start in October or November and join the next cohort in 2024

Contact us for a no-obligation chat or register your interest at
<https://developingminds.co.uk/rmticonsultant>

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